



CONNECTIONS

Wellness education where you live, work and play

HEALTH
EVENT

Staying Healthy for Retirement Today's Prevention is Tomorrow's Cure

Digestive Health & Colon Cancer Prevention



Tuesday, May 2nd 6:00 pm

Ben Wilson Senior Activity Center
580 Delmont Avenue, Warminster, PA

Discussion begins 6:30 pm

Learn what factors affect colon health, common conditions
and how to maintain healthy function.

Find out how to prevent colorectal cancer and screenings
to avoid this third most commonly diagnosed cancer.

Dr Alan Chang MD
Karen Lucas MSN, CRNP
Central Bucks Specialists -
Gastroenterology

*Talk with ShopRite nutritionist
Linda Brophy RDN, LDN
to learn how a healthy diet
promotes good digestion.*

Nondiscrimination Statement

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