

# BENJAMIN H. WILSON SENIOR ACTIVITY CENTER

215.672.8380

## MENU

SUGGESTED MEAL DONATION - \$2.00

1% MILK WILL BE INCLUDED WITH ALL MEALS

### MAY 2022

Sunday     
 Monday     
 Tuesday     
 Wednesday     
 Thursday     
 Friday     
 Saturday

1	2	3	4	5	6	7
	FARMHOUSE OMELET ZUCC. CORN & PEPPERS WW ROLL W/MARG CINN. APPLE OATMEAL FRESH PEAR	GARLIC CHICKEN WITH SNOW PEAS, CARROTS FRIED BROWN RICE SESAME GREEN BEANS APPLESAUCE	CHICKEN SALAD W/ALMONDS & CRAISINS & DRESSING MACARONI SALAD CARROT SALAD CRANBERRY MUFFIN	BAKED CHICKEN W/SAUCE STUFFING - WW ROLL/MARG CARROTS, SNAP PEAS, BROCCOLI & CRAISINS FRUIT COCKTAIL	CLOSED	
8	9	10	11	12	13	14
	BAKED FISH W/TOMATO, OLIVES & CAPERS CAESAR SALAD ORZO W/PEPPERS WW ROLL / PEARS	FAJITA CHICKEN RICE W/BLACK BEANS CORN, PEPPERS & ONIONS WW ROLL W/MARG PINEAPPLE	NO REGULAR LUNCH HOT DOG CART	SLICED HOT ROAST PORK MASHED POTATOES MIXED VEGETABLES WW HOT DOG ROLL/MARG CINN. APPLESAUCE	CLOSED	
15	16	17	18	19	20	21
	TORTELLINI WITH MEATBALLS BROCCOLI & CARROTS CINNAMON APPLES MANDARIN ORANGES	CLOSED ELECTION DAY	CHIICKEN TACO SALAD CORN & PEPPER SALSA TOMATO SALAD WW ROLL/MARG BERRY APPLESAUCE	MAPLE GLAZED CHICKEN SWEET POTATO CUBES SUGAR SNAP PEAS WW ROLL/MARG FRESH APPLE	CLOSED	
22	23	24	25	26	27	28
	CHICKEN MARSALA HERB RED POTATOES GREEN BEANS WW ROLL W/MARG PINEAPPLE	BEEF & BEAN CHILI TOSSED SALAD W/DRESSING SWEET CORN WW BRD. W/MARG CARROT RAISIN MUFFIN	LUNCH & LEARN CENTER FOR VEIN RESTORATION	SLICED BEEF W/SAUCE&ONIONS WHIPPED SWEET POTATOES ROASTED BEETS WW ROLL/MARG CINN. APPLESAUCE	CLOSED	
29	30	31				
	CLOSED MEMORIAL DAY	GARLIC CHICKEN WITH SNOW PEAS, CARROTS FRIED BROWN RICE SESAME GREEN BEANS APPLESAUCE				