

# BENJAMIN H. WILSON SENIOR ACTIVITY CENTER

215.672.8380

## MENU

SUGGESTED MEAL DONATION - \$2.00

1% MILK WILL BE INCLUDED WITH ALL MEALS

### JUNE 2022

Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday

			1	2	3	4
			CHICKEN SALAD W/ALMONDS & CRAISINS & DRESSING MACARONI SALAD CARROT SALAD CRANBERRY MUFFIN	BAKED CHICKEN W/SAUCE STUFFING - WW ROLL/MARG CARROTS, SNAP PEAS, BROCCOLI & CRAISINS FRUIT COCKTAIL	CLOSED	
5	6	7	8	9	10	11
BAKED FISH W/TOMATO, OLIVES & CAPERS CAESAR SALAD ORZO W/PEPPERS WW ROLL / PEARS	FAJITA CHICKEN RICE W/BLACK BEANS CORN, PEPPERS & ONIONS WW ROLL W/MARG PINEAPPLE	TUNA NICOISE SALAD GREEN BEAN SALAD POTATO SALAD WW ROLL/MARG FRESH APPLE	SLICED HOT ROAST PORK MASHED POTATOES MIXED VEGETABLES WW HOT DOG ROLL/MARG CINN. APPLESAUCE	CLOSED		
12	13	14	15	16	17	18
TORTELLINI WITH MEATBALLS BROCCOLI & CARROTS CINNAMON APPLES MANDARIN ORANGES	ROASTED TURKEY W/GRAVY BRUSSEL SPROUTS CORN BREAD STUFFING WW ROLL W/MARG PEACHES	CHIICKEN TACO SALAD CORN & PEPPER SALSA TOMATO SALAD WW ROLL/MARG BERRY APPLESAUCE	MAPLE GLAZED CHICKEN SWEET POTATO CUBES SUGAR SNAP PEAS WW ROLL/MARG FRESH APPLE	CLOSED		
19	20	21	22	23	24	25
CLOSED JUNETEENTH	BEEF & BEAN CHILI TOSSED SALAD W/DRESSING SWEET CORN WW BRD. W/MARG CARROT RAISIN MUFFIN	LUNCH & LEARN DAFFODIL HOME CARE	SLICED BEEF W/SAUCE&ONIONS WHIPPED SWEET POTATOES ROASTED BEETS WW ROLL/MARG CINN. APPLESAUCE	CLOSED		
26	27	28	29	30		
FARMHOUSE OMELET ZUCCHINI, CORN & PEPPERS CINN. APPLE OATMEAL WW ROLL/MARG FRESH PEAR	GARLIC CHICKEN WITH SNOW PEAS, CARROTS FRIED BROWN RICE SESAME GREEN BEANS APPLESAUCE	CHICKEN SALAD W/ALMONDS & CRAISINS & DRESSING MACARONI SALAD CARROT SALAD CRANBERRY MUFFIN	CHICKEN SALAD W/ALMONDS & CRAISINS & DRESSING MACARONI SALAD CARROT SALAD CRANBERRY MUFFIN			