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## Budgeting Tips for Seniors Living on Fixed Incomes

As a senior with a fixed income, finding ways to [live your best life](#) without breaking the bank might seem challenging. Luckily, seniors have options. If you want to make sure you can enjoy your golden years, the [Ben Wilson Senior Activity Center](#) shares some ways to make it easier.

### Find Free Entertainment

When it comes to entertainment, it's easy to assume that you need to pay to have a good time. However, that isn't the case.

Many museums and other cultural venues offer [free visits](#) on certain days, particularly for seniors. And senior centers typically offer free activities and events. You can also take in local parks, gallery openings, literary readings, free outdoor concerts or plays, and any other free activities your community has to offer.

Be sure to also take advantage of any senior discounts, which plenty of restaurants, movie theaters, stores and repair services offer.

## Get a Grocery Shopping Buddy

In many cases, buying in bulk can lower the cost of many food items. The problem is that some people can't get through the perishables before they spoil or might not have enough room to store large quantities of nonperishable goods.

One way to get the benefits of bulk buying without some of the obstacles or drawbacks is to find a grocery shopping buddy. With that, [divide up](#) bulk purchases between you, splitting the cost accordingly. That way, you both save without having to worry about spoilage or storage issues.

## Consider a Part-Time Job

Money Talks News notes that [working part-time](#) can be the perfect way to give yourself some wiggle room financially. Plus, it helps you stay active and remain social, all while ensuring your skills remain sharp.

If you're looking for a straightforward option, a traditional part-time job is a great choice. However, you could also put your work skills toward freelance work, giving you more control and flexibility.

## Or Even Start a Business

You don't necessarily need to open a shop or restaurant to start a business. Shopify points out that there are [myriad options](#) for starting a business, many requiring little to no capital. Dog walking, house sitting, errand running, handyman services, selling handmade goods, offering childcare ... the list is endless. Plus, starting your own business puts you in charge of your schedule, allowing you to work as much or as little as you want.

Regardless of a business size, it's still important to [follow certain guidelines](#) when it comes to launching a venture. This includes creating a business plan, choosing a business structure, outlining any costs and giving yourself a name. Believe it or not, you can even file for an LLC for as little as \$100!

## Start a Home Garden (and Learn to Can)

Another way to get more space in your budget is [gardening](#). By growing even some of the vegetables, fruits, beans, or herbs you may need, you can spend less at the grocery store.

If you couple that with [learning to can](#), you can make a larger garden pay off even more. You can store extra produce for out-of-season consumption, giving you a resource you can tap as needed to keep your food spending in check.

Plus, gardening and canning can be fun hobbies. In some cases, you can even use your skills to make gifts for others, creating another way to ensure your budget stays balanced.

Living on a fixed income doesn't mean you have to live a boring life. From starting a business to growing a garden to taking in all the free activities your town has to offer, there's plenty to keep you busy without spending too much.

*You can find a wide range of fun and engaging activities at the [Ben Wilson Senior Activity Center](#), where members are young in spirit and mind. Reach out to find out more today! 215-672-8380*