

# BENJAMIN H. WILSON SENIOR ACTIVITY CENTER

215.672.8380

## LUNCH MENU - 11:45am

SUGGESTED MEAL DONATION - \$2

1% MILK WILL BE INCLUDED

MAY 2023

WITH ALL MEALS

THE CENTER IS CLOSED ON FRIDAY

### Monday

### Tuesday

### Wednesday

### Thursday

1	2	3	4
PASTA & MEATBALLS BROCCOLI WW ROLL MANDARIN ORANGES	CREAMY PARMESAN PORK CHOP DICED REDSKIN POTATOES GREEN BEANS DINNER ROLL PINEAPPLE TIDBITS & COOKIE	CHICKEN CAESAR SALAD W/ CRAISINS BOWTIE PASTA SALAD MARINATED CHICKPEA SALAD BREADSTICK APPLESAUCE	SALISBURY STEAK W/ GRAVY BAKED POTATO W/ MARG BROCCOLI WHEAT BREAD SEASONAL FRESH FRUIT
8	9	10	11
POT ROAST W/ GRAVY MASHED POTATOES CARROTS ITALIAN BREAD PEACH CRISP	BAKED POLLOCK MACARONI & CHEESE SPINACH RYE BREAD PINEAPPLE & MANDARIN ORANGES	RUBY RED CHICKEN SALAD MARINATED BEET SALAD MARINATED BROCCOLI SALAD DINNER ROLL SEASONAL FRESH FRUIT	ROASTED PORK W/ PEACH GLAZE WHIPPED POTATOES W/ CHIVES MIXED VEGETABLES WHEAT BREAD COOKIE
15	16	17	18
STADIUM HOT DOG ON ROLL CHEESY POTATOES PEAS MANDARIN ORANGES	CLOSED	LUNCH & LEARN	SWEET & SOUR PORK RICE BROCCOLI & CAULIFLOWER BLEND WW BREAD FRESH ORANGE
22	23	24	25
GLAZED HAM W/ PINEAPPLE SAUCE WHIPPED SWEET POTATOES PEAS & CARROTS WW ROLL MANDARIN ORANGES	BAKED MEATLOAF BAKED POTATO W/ MARG BEETS WW BREAD SEASONAL FRESH FRUIT	TUNA NICOISE SALAD MARINATED GREEN BEAN SALAD POTATO SALAD BISCUIT FRESH ORANGE	SLOPPY JOE ON HAMBURGER BUN RANCH ROASTED POTATOES GREEN BEANS PINEAPPLE PUDDING
29	30	31	
CLOSED	WARM ROAST BEEF SANDWICH ROASTED PARMESAN REDSKINS CARROTS SANDWICH ROLL MANDARIN ORANGES	SEAFOOD SALAD HOMEMADE PENNE PASTA DILL CUCUMBER SALAD SALAD W/ PEPPERS & BROCCOLI WW ROLL / COOKIE	