

BENJAMIN H. WILSON SENIOR ACTIVITY CENTER

215.672.8380

LUNCH MENU - 11:45am

SUGGESTED MEAL DONATION - \$2

1% MILK WILL BE INCLUDED

JUNE 2023

WITH ALL MEALS

THE CENTER IS CLOSED ON FRIDAY

Monday

Tuesday

Wednesday

Thursday

			1 CHEESEBURGER W/LETTUCE & TOMATO TATER TOTS BROCCOLI, CARROT, CAULIFLOWER BLEND HAMBURGER ROLL FRESH ORANGE
5 SWISS STEAK W/ONION GRAVY WHIPPED POTATOES DICED CARROTS WHEAT BREAD FRESH ORANGE	6 HAWAIIAN PORK LOIN BUTTERED NOODLES ISLAND BLEND VEGETABLES WW ROLL PINEAPPLE	7 DELI SALAD SWISS CHEESE, TURKEY HAM, ROAST BEEF, LETTUCE, DRESSING MARINATED TOMATOES & ONIONS WW ROLL - PEACHES	8 MANGO BBQ CHICKEN BREAST BROWN RICE CARROTS WW ROLL SEASONAL FRESH FRUIT
12 WESTERN OMELET APPLE PEAR COMPOTE BREAKFAST POTATOES ENGLISH MUFFIN W/JELLY MANDARIN ORANGES	13 SOUTHERN SEAFOOD CAKE PARMESAN GARLIC NOODLES PEAS BREADSTICK FRESH ORANGE	14 LUNCH & LEARN	15 CREAMY PARMESAN PORK CHOP DICED REDSKIN POTATOES GREEN BEANS WW ROLL COOKIE
19 CLOSED	20 SALISBURY STEAK W/GRAVY BAKED POTATO W/MARGARINE BROCCOLI WHEAT BREAD SEASONAL FRESH FRUIT	21 ROAST BEEF & PROVOLONE CLUB ROLL, LETTUCE & TOMATO COLESLAW PEACHES FRESH ORANGE	22 POT ROAST W/GRAVY MASHED POTATOES COIN CARROTS ITALIAN BREAD PEACH CRISP
26 ROASTED PORK W/PEACH GLAZE WHIPPED POTATOES W/CHIVES MIXED VEGETABLES WHEAT BREAD COOKIE	27 CREAMY PARMESAN CHICKEN LEMON BUTTER PASTA GREEN BEANS WW HAMBURGER ROLL APPLESAUCE	28 RUBY RED CHICKEN SALAD W/ RASPBERRY VINAIGRETTE, CRAISINS MARINATED BEET SALAD MARINATED BROCCOLI SALAD WW BREAD - PEARS	29 SWEDISH MEATBALLS W/GRAVY BUTTERED NOODLES PEAS WW ROLL FRESH ORANGE