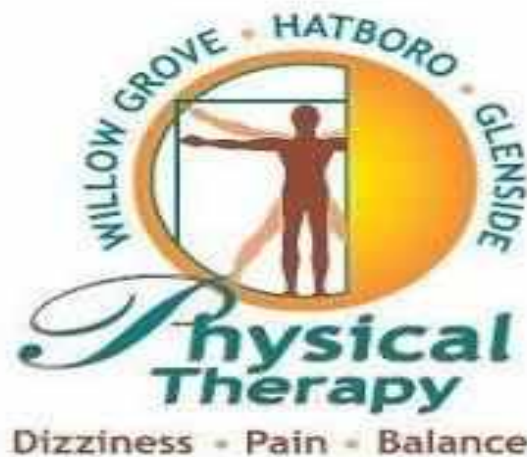




LUNCH & LEARN

Wednesday, February 19th

Presented by: Margaret Fitzpatrick, PT, DPT, OCS



Effectively Managing Dizziness and Imbalance As You Age- Falls are a leading cause of death and disability among seniors and this mini presentation will touch on ways to minimize the risk of a fall. We will also discuss dizziness and how physical therapy can help you strengthen your vestibular system.

Menu: turkey sandwich, cookie and water

JUST PRE-REGISTER AT FRONT DESK
\$1.00 MEMBERS / \$2.00 NON-MEMBERS