

BENJAMIN H. WILSON SENIOR ACTIVITY CENTER

215.672.8380

LUNCH MENU - 11:45am

SUGGESTED MEAL DONATION - \$2



May



1% MILK WILL BE INCLUDED
WITH ALL MEALS

THE CENTER IS CLOSED ON FRIDAYS

Monday

Tuesday

Wednesday

Thursday

<p style="text-align: right;">4</p> <p>Chicken Cordon Blue 1/2 Cup Brussel Sprouts 1/2 cup Rosemary Red Potatoes WW Bread, Margarine Fresh Plum</p>	<p style="text-align: right;">5</p> <p>Egg & Turkey Sausage 1/2 Cup Home Fries 1/2 Cup Scalloped Apples Mini Bagel, Margarine Fresh Orange</p>	<p style="text-align: right;">6</p> <p>Chicken Caesar Salad 1/2 c. Chickpea Salad 1/2 cup Bowtie Pasta Salad WW Bread, Margarine 1/2 cup Applesauce</p>	<p style="text-align: right;">7</p> <p>Sliced Roast Beef W Gravy 1/2 Cup Mashed Potatoes 1/2 Cup Green Beans Dinner Roll Strawberry Shortcake</p>
<p style="text-align: right;">11</p> <p>Lemon-Caper Chicken Picatta 1/2 cup Brown Rice W Peppers 1/2 cup Honey Glazed Beets WW Roll, Margarine Fresh Peach</p>	<p style="text-align: right;">12</p> <p>Baked Tilapia W Mustard Cream Sauce 1/2 cup Rice Pilaf 1/2 cup Oriental Blend WW Roll, Margarine 1/2 cup Applesauce</p>	<p style="text-align: right;">13</p> <p>Seafood Salad & American Cheese 1/2 cup Marinated Green Bean Salad 1/2 cup Pasta Salad W Peppers WW Roll 1/2 cup Peaches</p>	<p style="text-align: right;">14</p> <p>Creamy Herb Chicken & Broccoli 1/2 Cup Rotini 1/2 Cup Italian Blend WW Bread, Margarine Fresh Orange</p>
<p style="text-align: right;">18</p> <p>Sweet & Sour Meatballs ½ cup Mixed Veggies 1/2 cup Brown Rice W Peppers 1/2 cup Pumpernickel Bread, Margarine 1/2 cup Pineapples</p>	<p style="text-align: right;">19</p> <p style="text-align: center;">Closed Election Day</p>	<p style="text-align: right;">20</p> <p style="text-align: center;">Lunch & Learn</p>	<p style="text-align: right;">21</p> <p>Sliced Beef Au Jus ½ cup Island Blend ½ cup Parslied Potatoes WW Roll, Margarine 1/2 Cup Fruit Cocktail</p>
<p style="text-align: right;">25</p> <p style="text-align: center;">Closed Memorial Day</p>	<p style="text-align: right;">26</p> <p>Baked Stuffed Tilapia 1/2 cup Garlic Spinach & Carrots 1/2 cup Herb Roasted Potatoes WW Roll, Margarine 1/2 cup Mandarin Oranges</p>	<p style="text-align: right;">27</p> <p>Turkey Hoagie Lettuce, Tomato & Onion 1/2 cup Potato Salad 1/2 Cup Three Bean Salad Fresh Orange</p>	<p style="text-align: right;">28</p> <p>Sliced Turkey W Stuffing & Gravy 1/2 Cup Corn 1/2 cup Brussel Sprouts WW Bread, Margarine Sweet Muffin</p>