



Bereavement Support Group

*In a safe and supportive setting
our BWSAC Bereavement Support
Group will meet the **2nd and 4th** Mondays
of each month beginning at 12:30pm.*

*Our Facilitator will help with things like
understanding the stages of grief, strategies
to help with anxiety, stress and loneliness as well as
explaining your feelings of denial, anger, guilt, and
depression.*

Please see front desk if you have any questions.

2nd and 4th Mondays of the Month