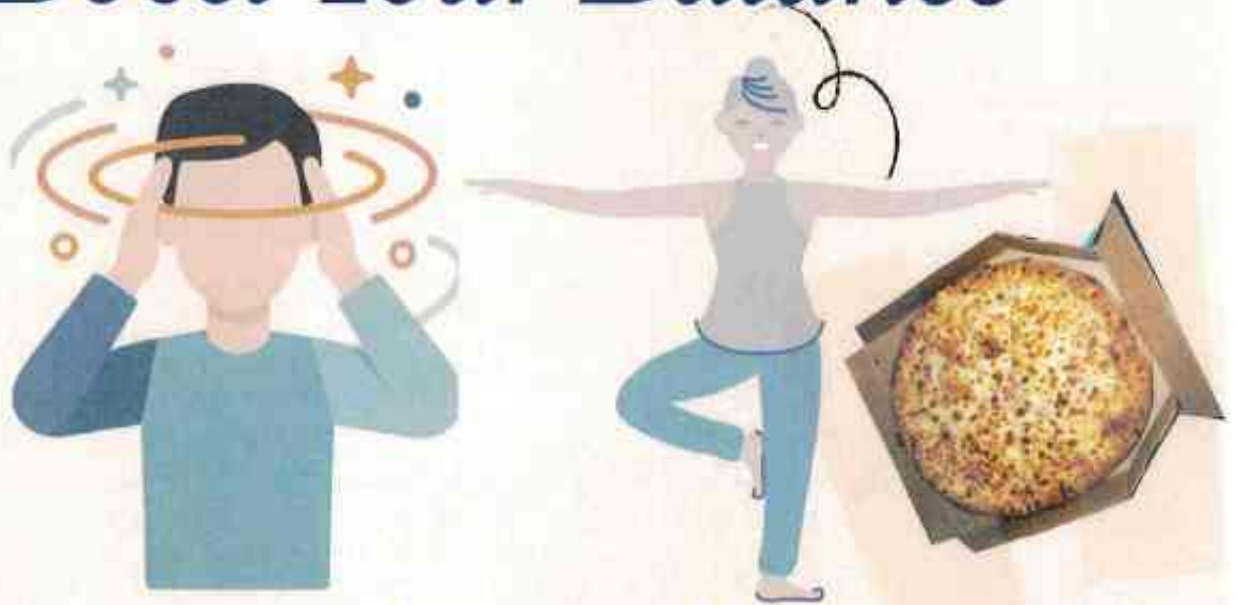


LUNCH & LEARN

Wed., September 16th at 11:30am

Demystify Dizziness & Boost Your Balance



- Learn causes of dizziness and how to get relief
- Understand your complex balance system
- Reduce your fall risk

Sponsored by **LevinWell Fitness & Rehab**

Presented by Lisa Luskin, DPT, COMT

Physical Therapist, Certified in Vestibular Rehabilitation

Benjamin H Wilson Senior Center – Register at Front Desk

